



Irish Film Institute

STARTERS

*V** **Soup of the Day** [ask your server] 4.50
Served with bread [*W, S,]*

IFI Buffalo Wings Regular 6.95
Served with a sour cream dressing & celery sticks
[*C, D*] Large 9.95
Choose your sauce: Louisiana Hot, Honey BBQ
and Chinese Spicy Maple

Traditional Smoked Salmon [*F, M, W*]
6.95

Served with salad and bread
Main Course 10.95

*V** **Baked Portobello Mushroom**
7.95

Portobello mushroom filled with Mediterranean
vegetables topped with Parmesan [*D*]

*V** **Bruschetta**
4.95

Tomato with fresh basil, garlic & olive oil
[*W, N, S*]

*V** **Bowl of Marinated Olives**
3.95

SALADS

*V** **Greek Salad**
9.90

Traditional Greek salad with fresh leaves,
cucumber, tomato, olives
and feta cheese in olive oil [*D*]

V* Crisp Asian Salad

9.90

Colorful vegetable mix with a chili and soy sauce dressing topped with peach and orange segments [S,Y]

V Waldorf Salad

9.90

Apples, walnuts, celery and raisins tossed in a lemony mayonnaise on a bed of fresh leaf lettuce [C,D,E,N,M]

V* Warm Goat's Cheese Salad

9.90

Oven baked goat's cheese en crouete, served on a salad of mixed baby leaves with roasted Mediterranean vegetables, marinated tomato, cucumber and a basil pesto dressing. [N,D,W]

Add grilled chicken breast to any Salad
3.50

QUICK DISHES

V* Falafel in Pitta Bread

7.85

Served with garlic mayonnaise dip & salad Garnish [W,D,E,S,M]

Warm Chicken marinated in Soy Sauce & Honey

8.25

Served in a pitta bread with aioli dip & salad garnish [W,D,E,Y,M]

V* Vegetable Crostini

6.85

Roasted Mediterranean vegetables, olive tapenade, sun-dried tomato, fresh tomato & hummus served on warm bread [W,N,S,M] Large 10.60

Cured Meat Platter

10.50

Selection of cured meats served with hummus, artichokes, olives, roasted peppers, sun-dried tomatoes and warm bread [W,N,D,S,M]

V Cheese Board

8.90

Selection of Irish cheeses served with pestos and warm bread [W,N,D,S,M]

Continental Meat and Irish Cheese Platter

15.90

A combination of the above dishes. Perfect for sharing [W,N,D,S,M]

Quesadillas

Toasted flour tortilla filled with a choice of fillings and served with salsa, guacamole and sour cream.

Fillings: Spicy Chicken and Cheese [*W,D,E,M*]

8.25

*V** Roasted Mediterranean Veg and Cheese
[*W,D,M*] 7.95

*V** Nachos

7.90

Corn tortilla chips topped with melted cheese, spicy tomato salsa, homemade guacamole, sour cream and jalapeño peppers [*W,D*]

*V** Potato Nachos

7.90

IFI chips topped with melted cheese, spicy tomato salsa, homemade guacamole, sour cream and jalapeño peppers [*D*]

MAINS

Rich Beef Lasagna

9.65

Served with either homemade chips, garlic bread or side salad [*D,C,X,M,N,W*]

Traditional Irish Stew

7.90

Lamb, potatoes, carrots and leeks, slow cooked.

Served with warm bread [*C,W*]

Breast of Piri-Piri Chicken

10.90

Marinated chicken fillet in a tangy tomato & lime dressing.

Served with side salad and lime & coriander rice
[*M*]

*V** French Lentil Stew

8.90

Vegetable and lentil stew with a touch of Dijon mustard and

lemon peel [*M,C*]

Served with warm country store bread [S,N,W]
Add crispy bacon 1.50

Slow Cooked Irish Lamb Shank
13.90

Served with roasted vegetables and baby potatoes
in a minted red wine
jus [D,C,W,X]

Irish Bacon and Creamy Colcannon
11.90

topped with parsley sauce [W,D]

Pasta of the Week W
10.90

Ask Server for Details

V* Pasta Puttanesca
9.90

Fresh Tomatoes, Capers and Olives [W,D]

V Add Garlic Bread [W,D]
2.00

Philly Cheese Steak Sandwich
10.90

Shredded beef tossed in sautéed onions and
peppers, covered in
melted cheese served on an oven fresh ciabatta
with side salad,
coleslaw and IFI chips [W,E,D]

Traditional Beer Battered Fresh Haddock &
Homemade Chips 11.60

Served with mushy peas & tartar sauce [W,E,D,M,F]

BUILD YOUR OWN IFI BURGER

Choose from:

100% Irish Beef, Irish Chicken or V* Nut Burger
[N]

Served on a toasted Bretzel Bakery onion bap with
tomato, onion, lettuce and relish served with
homemade coleslaw and hand cut chips.
9.90

Toppings 60c each

V Melted Cheese [D]

Crispy Bacon

V Blue Cheese [D]

V* Guacamole

V* Tomato Relish

Extra Patties

3.50

SIDES

V* Homemade Chips 2.90

garlic mayo [M,E,D] V Served with spicy or 3.90

V Cheese & Onion [D]

4.60

Cheese & Bacon [D]

4.90

V Served with Guacamole

3.90

V Sweet Potato Fries

3.90

V Garlic Bread [W,D]

3.00

V Garlic Bread with Melted Cheese [W,D]

3.40

V* Side Salad [M]

3.80

V Roast veg and baby potatoes [D]

3.95

V Colcannon [D]

3.80

V* Mushy Peas

3.30

V* Onion Rings [W]

3.95

V Side of Coleslaw [M,D,E]

3.50

V* Portion Rice

3.40

Gluten free bread available [supplement 50c]

Our Breads come from Bretzel Bakery

V = Vegetarian. V* = Can be made vegan friendly

Allergens Code

Wheat W, Peanuts P, Nuts N, Soya Y, Mustard M, Dairy D, Celery C, Lupin L, Molluscs U, Fish F, Sesame S, Crustaceans SF, Sulphur Dioxide X, Eggs E.

SANDWICHES [available Monday to Saturday until 5pm]

Add a small soup to any of our sandwiches
2.50

Open Caprese 6.75

Buffalo mozzarella, tomato, prosciutto, basil with a balsamic reduction.

Served with Side Salad [D,N,W]

IFI Club Sandwich
7.95

Bacon, chicken, tomato & lettuce on toasted white farmhouse bread.

Served with homemade chips [D,E,W]

Tuna Melt
7.45

Tuna, sweetcorn & mayo, topped with grated cheese.

Served with side salad [D,E,S,N,F,W]

IFI Chicken Sandwich
7.45

Chicken, sage stuffing, garlic mayo and scallion on fresh granary bread. Served with side salad [D,E,S,N,W]

IFI Meat Monster
7.95

Pastrami, turkey, ham, emmental cheese, tomato and honey mustard on a seeded soft baguette.

Served with side salad [D,E,S,N,W]

Low Fat Special
6.95

Turkey, lettuce, tomato, peppers and red onion marmalade on country store bread.

Served with side salad [S,N,W,X]

PANINI [available Monday to Saturday until 5pm]

Ham, cheese, green pesto, tomato & onion [D,N,W]
5.95

Cajun Chicken, red pesto, onion, tomato & cheddar cheese
5.95

[D,E,S,N,W]

V Goats' cheese, red onion marmalade, sun dried tomato pesto
5.95

[D,N,W,X]

V Roasted Mediterranean vegetables & green pesto
[N,D,W,] 5.95

Make Your Own: [available Monday to Saturday
until 5pm]

White Farmhouse Bread, Country Store, Granary,
Seeded Soft Baguette, Brown Whole Grain, Onion
Bap or Gluten Free Bread. [W,S,N]

Served with fillings of your choice:
5.95

Irish Ham, Turkey, Pastrami, Chicken, Tuna [F]
Cheddar Cheese [D], Mixed Cheese [D],
Mozzarella [D],
Tomato, Scallion, Red Onion, Roasted Peppers,
Lettuce, Sun Dried Tomato Pesto [DN], Basil Pesto
[D,N]
Honey Mustard [M], Mayonnaise [M,D,E], Relish

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