

**IFI CAFÉ BAR**  
**LUNCH MENU**  
Everyday 12.30pm – 5.00pm

**STARTERS**

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**Soup of the Day** served with Homemade

Brown Bread **4.10 F**

**Buffalo Wings** served with Louisiana Sauce,

Blue Cheese Dressing & Celery Sticks **6.95**

**Chicken Goujons** served with Honey &

Mustard Sauce **5.00 F**

**Prawn Gambas Tempura**

**6.50**

**Salmon Fish Cake** served with Watercress

& Mixed Leaves Salad **5.95**

**Nachos** served with Melted Cheddar,

Tomato Relish, Homemade Guacamole &

Sour Cream **7.20 VF**

**Bruschetta** with Tomato, Fresh Basil,

Garlic & Olive Oil **5.50 V**

**PIZZA BREAD**

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**Italian Bread with a Tomato Base, topped with:**

Mushrooms, Mozzarella, Onion & Herbs **6.50 V**

Aubergine, Mozzarella, Spinach, Mushrooms

& Olives **6.50 V**

Ham, Mozzarella & Onion **6.95**

**SANDWICHES**

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**Make Your Own:**

**White, Ciabatta or Homemade Brown Bread served with 3 fillings of your choice:**

Ham, Cheddar Cheese, Tomato, Onion,

Red Onion, Tuna, Chicken, Lettuce,

Mushrooms, Mozzarella, Sweetcorn **5.50**

**Tuna Melt**

Tuna, Sweetcorn & Mayo, topped with

Grated Cheddar **6.75**

Please note that a 10% Service Charge is added to orders for tables of 8 people or more.

Keep an eye out for our fast-to-prepare dishes marked F and let your server know if you are in a rush to see a film.

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## SANDWICHES (cont)

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### Open Caprese

Buffalo Mozzarella, Tomato, Prosciutto,

Basil with Balsamic Vinaigrette **6.75**

### Club Sandwich

Bacon, Chicken, Tomato & Lettuce,

served with Homemade Chips **6.95**

**Sandwich served with a small**

**Soup of the Day **Add 2.00****

## PANINI

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**Ham, Mozzarella, Pesto, Tomato & Onion **5.30****

**Cajun Chicken, Red Pesto, Onion, Tomato  
& Cheddar **5.30****

**Goats Cheese, Sundried Tomato & Rocket **5.30 V****

**Roasted Vegetables & Pesto **5.30 V****

**Panini served with a small Soup of**

**the Day **Add 2.00****

## MAINS

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### Falafel in Pitta Bread

served with Aioli Dip & Side Salad

**7.65 VF**

### Warm Chicken marinated in Soy Sauce & Honey

served in a Pitta Bread

with Side Salad & Aioli Dip

**7.65 F**

### Beef Lasagne served with either Homemade

Chips, Garlic Bread or Side Salad

**8.65**

### Lentil & Vegetable Stew served with

brown bread

**8.95 VC**

### Beef Stir Fry in a Satay Sauce served with

Noodles

**9.60**

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## MAINS (cont)

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### Char-grilled Cajun Chicken

served on a bed of Spinach Mash & Roast

Tomato Pesto 9.60 C

### Penne al Salmone

Penne Pasta served with Smoked & Fresh

Salmon in a Creamy White Sauce 9.60

### Beef & Guinness Stew

topped with Mashed Potato 9.60

**Red Thai Chicken Curry** served with Rice 9.60 C

### Traditional Beer Batter Fresh Haddock & Homemade Chips

served with Mushy Peas & Tartare Sauce 10.60

## IFI BURGERS

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**Choose from:**

**100% Irish Beef or Free Range Irish Chicken**

**Burgers available topped with:**

Chef's Salsa 8.20

Cheese 8.40

BLT 8.65

Blue Cheese, Bacon & Tomato Relish 9.55

Guacamole, Melted Cheddar, Bacon & Tomato  
Relish 9.55

**Our Beef Burgers are served medium unless otherwise specified and all burgers are served with Homemade Chips.**

**NUT BURGER** served with Homemade Chips

**Nut Burgers available topped with:**

Chef's Salsa 8.20 V

Cheese 8.40 V

Blue Cheese & Tomato Relish 8.95 V

Guacamole, Melted Cheddar & Tomato Relish 8.95 V

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## SIDES

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<b>Homemade Chips</b>	<b>2.90 V</b>
served with Spicy or Garlic Mayo	<b>3.40 V</b>
served with Cheese & Onion or Cheese & Bacon	<b>4.60</b>
served with Guacamole	<b>4.60 V</b>
Garlic Bread	<b>2.50 V</b>
Garlic Bread with Melted Cheddar	<b>3.00 V</b>
Side Salad	<b>3.40 V</b>
Spinach & Potato Mash	<b>3.40 V</b>
Bowl of Olives	<b>3.95 V</b>

## SALADS

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<b>Chicken &amp; Bacon Caesar Salad</b>	<b>9.60</b>
<b>Smoked Salmon Salad</b>	
served with Homemade Brown Bread	<b>9.60</b>
<b>Thai Prawn Noodle Salad</b>	
served with Homemade Sesame Dressing	<b>9.60</b>
<b>Traditional Greek Salad</b>	<b>9.60 VC</b>

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## DESSERTS

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Danish	1.95
Scone served with Butter & Jam	1.95
Cookies	1.95
Brownies	2.30
Muffins (Chocolate, Raspberry or Blueberry)	2.30
Haagen-Dazs Ice Creams (A selection of small tubs)	2.40
Chocolate Biscuit Cake	2.40
Ginger Log	2.90
Lemon Log	2.90
Rice Krispie Square (Gluten Free)	2.40
Broderick's Chocolate Bars (Rocky Road, Tiffin Slice, Caramel Slice, Cranberry Nut Bar, Yoghurt, Mango & Papaya)	2.70
Tea Brack	2.90
Apple Pie	4.35
Selection of Ice Cream (3 Scoops)	4.75
Apple & Blueberry Crumble	4.75
Cheese Cake	4.75
Carrot Cake	4.75
Sticky Toffee Pudding	4.75
Raspberry Roulade (Gluten Free)	4.75C
Custard & Rhubarb Tart	4.75
Chocolate Gateau	4.75
Brownie Sundae (Warm Brownie topped with Ice Cream & Caramel Sauce)	5.70
Desserts Served with Ice Cream Extra	0.90

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## TEAS/COFFEES

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Pot of Tea/Decaff. Tea	1.85
Iced Tea	2.10

### Herbal & Specialty Teas:

Apple & Cinnamon, Camomile, Earl Grey, Fennel, Green China, Jasmine, Lemon & Ginger, Peppermint, Mixed Berry, Rooibos	2.00
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### Coffee:

Americano		2.00
Decaffeinated		2.00
White Coffee	Small 2.10	Large 2.50
Espresso	Single 2.00	Double 2.90
Espresso Macchiato	Single 2.20	Double 3.00
Cappuccino	Small 2.70	Large 3.30
Café Latte		2.50
Café Mocha		3.60
Hot Chocolate		3.40
Iced Chocolate		2.90
Irish Coffee		6.10
Baileys Coffee		6.65
Russian Coffee (with Vodka)		6.85
French Coffee (with Brandy)		7.10
Calypso Coffee (with Tia Maria)		7.10
Add Fresh Cream		0.30

**Soya and Low Fat milk also available.**

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## WINE & COCKTAILS

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### WHITE

### MEDIUM LARGE BOTTLE

#### **Chilensis Sauvignon Blanc (Chile)**

Refreshingly tangy with lovely green citrus notes.

5.25 7.15 20.50

#### **Carácter Chardonnay-Chenin (Argentina)**

Good balance between the tropical aromas of Chardonnay and the pit fruits found in Chenin.

5.35 7.25 20.50

#### **Ca'Stellar Pinot Grigio (Italy)**

Lean-bodied and tasty; it has a balanced acidity and dry aftertaste.

5.75 7.70 22.00

#### **Les Janelles Viognier (France)**

Rich round and syrupy on the palate. Great freshness and a balanced honey finish.

6.00 7.90 23.00

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### RED

### MEDIUM LARGE BOTTLE

#### **Chilensis Merlot (Chile)**

black fruit aromas of cherry and blackberries.

Soft tannins with a delicate medium finish.

5.25 7.15 20.50

#### **Carácter Shíraz-Malbec (Argentina)**

Medium bodied, fresh and fruit forward red wine.

5.35 7.25 20.50

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## WINE & COCKTAILS

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RED (cont)	MEDIUM	LARGE	BOTTLE
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### Vallformosa Syrah-Tempranillo (Spain)

With good body, pleasant, very fruity, sweet sensations, balanced and with good persistence in the mouth.

5.75      7.60      22.00

### Les Jamelles Cabernet Sauvignon (France)

Red fruits dominate with cinnamon hints. Elegant and velvety on the palate with soft tannins.

6.05      7.90      23.00

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ROSE	MEDIUM	LARGE	BOTTLE
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### Les Jamelles Cinsault (France)

Fruity aromatic wine, scents of fruit drops. Pleasant easy-drinking balanced wine.

5.75      7.60      22.00

### Snipe of Prosecco

served with Orange Juice

8.10  
9.10

## COCKTAILS

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### Bloody Mary

Vodka, Tomato Juice, Worcestershire Sauce, Tabasco

7.50

### Mojito

Bacardi, Mint, Limes, Sugar Syrup, Soda Water

7.65

### Moscow Mule

Vodka, Lime Juice, Angostura Bitters, Sugar Syrup, Ginger Beer

7.65

### Apple and Elderflower Collins

Gin, Elderflower Liquor, Apple Juice, Lime Juice, Soda Water

7.65

**A Selection of Bottled, Irish Craft Beers and Draught Beers also available.**

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